

**RAMAKRISHNA MISSION SIKSHANAMANDIRA**

(An Autonomous Post-Graduate College under the University of Calcutta under section 22 of the UGC Act and duly recognized by the NCTE)



College with Potential for Excellence (CPE)

College of Teacher Education (CTE) &amp; Swami Vivekananda Centre for Multidisciplinary Research in Educational Studies (SVCMMRES)

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Belur Math, Howrah – 711202, West Bengal.

**OFFICE OF THE CONTROLLER OF EXAMINATIONS**

No. CE-35/EXP/PGDYE/23-24

**Schedule for 1<sup>st</sup> Semester Supplementary Examination of**  
**Post Graduate Diploma in Yoga Education Programme 2022-2023**  
**(Offline Mode)**

Date		Course Code	Title	FM	Time
15/07/2023 (Saturday)	Theory	611	Foundations of Yoga	100	12.00 Noon – 3 PM
16/07/2023 (Sunday)	Theory	612	Anatomy and Physiology of Yogic Practices	100	12.00 Noon – 3 PM
22/07/2023 (Saturday)	Theory	613	Patanjali Yoga sutra	50	11.30 AM – 1.30 PM
	Theory	614	Methods of Teaching Yoga	50	2 PM – 4 PM
23/07/2023 (Sunday)	Practicum-I	615	Asanas, Pranayamas, Bandhas and their techniques	100	11.30 AM onwards

08.07.2023

(Swami Urjitananda)

**Controller of Examinations**

Swami Urjitananda  
 Controller of Examinations  
 Ramakrishna Mission Sikshanamandira  
 Belur Math, Howrah-711202, W.B.

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